



BOYS & GIRLS CLUBS

METRO DENVER

Boys & Girls Clubs of Metro Denver

Cultural/Community Enrichment Center, Early Learning & Development

2017 W 9TH AVE
Denver, Colorado 80204

(303) 892-9200
info@bgcmd.org

Healthy Lifestyles

Description:

These programs teach kids how to engage in positive behaviors that help them grow into self-sufficient adults. Through athletics, outdoor experiences, sexual health education, gardening, cooking classes and more, our kids learn how to take ownership of their physical and mental health. We also provide a hot and nutritious meal to every child, every day through our partnership with the Food Bank of the Rockies.

We consistently focus on helping youth build social and emotional skills. With all staff trained on social-emotional learning (SEL) techniques, we can facilitate this growth on an individual basis. Additionally, we are beginning to offer mental health services at several of our Clubs, in which a full-time, licensed social worker offers one-on-one therapy and group lessons for Club kids, as well as family sessions and case management for parents who need help accessing area resources or social benefits.

In addition to our regular programming, we take many field trips to give Club kids a wide variety of experiences. Examples include museums, competitions, volunteer projects, professional sports games, job fairs, college tours and summer camp.

Primary Role of Program in Early Childhood Systems:

Direct Service

Service Area(s):

Adams, Denver, Jefferson

Population(s) Served:

1st Graders, 2nd Graders, 3rd Graders, Families

Services This Program Provides that Advance the *Early Childhood Colorado Framework*:



Health & Well-Being

All settings promote mental health and well-being through early identification, consultation and treatment



Health & Well-Being

All settings promote mental health and well-being through early identification, consultation and treatment



Health & Well-Being

All settings promote mental health and well-being through early identification, consultation and treatment



Health & Well-Being

All environments are safe, free of toxins, have affordable foods and offer physical activity



Health & Well-Being

Children with special health, behavioral or developmental needs receive individualized services and supports

Program data can be found here: <https://www.bgcmd.org/>